

Swim Test

10 -12 Year Olds

Children 10 through 12 may swim unaccompanied by an adult provided they have passed the pool's Advanced Swimming and Pool Rules & Regulations Test. An emergency phone number will be provided to the Aquatics Director or Deputy Director.

The swimming test will consist of the following:

- a. swim one lap (2 lengths) of the pool without standing or stopping
- b. swim under water
- c. tread water for 2 minutes in the diving well
- d. jump into the diving well and swim to the ladder
- e. take and pass (80% or above) a written test over the Pool Rules & Regulations administered by the Aquatics Director or Deputy Director.

9-and-Under

Children under 10 must be accompanied in the pool area by a competent adult (16 years or older) at all times. Deep water privileges will be extended to those who can pass the swimming test administered by the Aquatics Director or Deputy Director.

The swimming test will consist of the following:

- a. swim one length (25 yards) of the pool without standing or stopping
- b. tread water for 1 minute in the diving well
- c. jump into the diving well and swim to the ladder

Quincy Country Club 2019 Aquatics Programs

Vision of "Experience"

Our vision is to provide an atmosphere that welcomes and encourages family activities and enduring friendships through the experience of its membership.



Quincy Country Club

2410 State Street
Quincy, IL 62301

Club Phone (217) 223-3452
Pool Phone (217) 214-9003
www.quincycountryclub.com

Olivia Schulte

Director of Aquatics & Safety
Pool: 214-9003 Club: 223-3452
217-316-9217 (8am - 9pm)
qccaquatics@gmail.com

Meg Stalder

Deputy Director of Aquatics & Safety
Pool: 214-9003 Club: 223-3452
217-440-7542 (8am-9pm)

Abbey Elsie

Head Coach of the Stingray Junior Swim Team
217-440-0993 (8am - 9pm)
qccstingrays@gmail.com

In the event of inclement or cold weather, please call the pool at 214-9003 or the club at 223-3452.

Weekly Pool Schedule

Mondays

Pool Opens	10:00am
H2O-X	11:15am - 12:00pm
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Stingrays Warm-Up	5:00pm - 5:30pm
Guests Warm-Up	5:30pm - 6:00pm
Home Swim Meet	6:00pm - 8:00pm

Tuesdays

Pool Opens	10:00am
H2O-X	11:15am - 12:00pm
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm

Wednesdays (Water Guns & Related Toys Allowed)

Varsity Swim Team Practice	9:00am - 9:50am
JV Swim Team Practice	10:00am - 11:00am
Pool Opens	10:00am
H2O-X	11:15am - 12:00pm
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm

Thursdays

Varsity Swim Team Practice	9:00am - 10:00am
Pool Opens	10:00am
TOTS	10:15am - 10:45am
Swim Camp	10:15am - 11:00am
H2O-X	11:15am - 12:00pm
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm

Special Days

Water Gun Wednesdays

Water guns are allowed at the QCC Pool on Wednesdays. Bring your squirt guns and related toys and have a blast with your pals at the pool!

Float-Around Fridays

Floats of all sizes will now be allowed at the QCC Pool *on Fridays after 5:00pm!*

June 9th, July 14th, & August 4th: Bring-a-Guest-for-Free Day

Members can bring a guest on one of these days without a guest fee!

June 23rd, July 28th, & August 18th: Grandparents Day

Grandparents can bring their grandchildren to the pool without a guest fee!

Special Times

H2O-X Classes

Water Exercise Classes are offered Mondays - Thursdays and Saturdays at 11:15am!

See the H2O-X Program Guide or Olivia for more details.

Adult Lap Swim

Offered every day in Lane 1 at QCC!

Mondays: 12:00-1:00pm

Tuesdays - Sundays: 12:00-1:00pm & 6:00-7:00pm

Private Swim Lessons

Swim lessons are offered privately (1 swimmer) and semi-privately (2 swimmers).

Gold Package: \$20 per Lesson

These lessons are taught by the Aquatics Director or the Head Swim Coach.

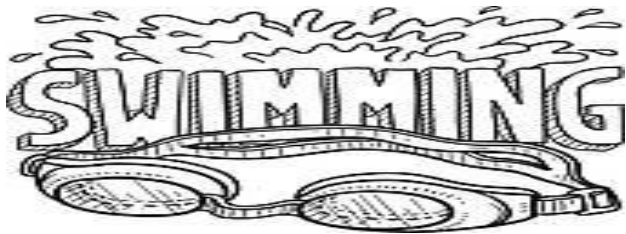
Silver Package: \$15 per Lesson

These lessons are taught by the Deputy Director or an Assistant Swim Coach.

Bronze Package: \$10 per Lesson

These lessons are taught by a trained QCC lifeguard.

For any questions or requests, please contact
Olivia Schulte, Aquatics Director.



Weekly Pool Schedule

Fridays (Rafts & Oversized Floats Allowed After 5:00pm)

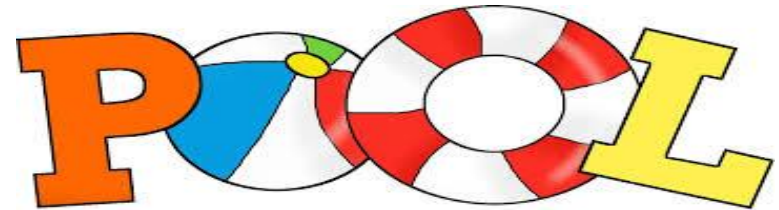
Varsity Swim Team Practice	9:00am – 10:00am
JV Swim Team Practice	10:00am – 11:00am
Pool Opens	10:00am
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm

Saturdays

Varsity Swim Team Practice	9:00am – 10:00am
JV Swim Team Practice	10:00am - 11:00am
Pool Opens	10:00am
H2O-X	11:15am - 12:00pm
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm

Sundays

Pool Opens	10:00am
Adult Lap Swim (in Lane 1)	12:00pm - 1:00pm
Adult Lap Swim (in Lane 1)	6:00pm - 7:00pm



QCC Summer Season Experience

- **May 18th:**
 - **Opening Day: 10:00am**
 - **Junior Sports Registration Day**
10a - 12p @ Pro Shop
- **May 28th - Memorial Day Holiday Event**
 - Bounce House Boulevard: 10a - 3p
 - Pool Games: 1p
- **May 24th - 26th : Pre-Season Swim Clinic**
 - This 3-day clinic is perfect for swimmers interested in joining our Junior Swim Team or for returning swimmers who want to refresh their skills before the competitive season begins.
 - The clinic will begin Friday night at 6:30p with our Meet, Greet, & Pizza Session by the Cabana. We'll then move to the Pool for our Clinic on Dives, Starts, Turns, & Relays. We'll finish off with the first Swim-Team Lock-In of the Summer!
 - For Day 2, breakfast will be provided the next morning before we return to the Pool for our Freestyle & Backstroke Clinic from 9a-11a.
 - Day 3 will be our Breaststroke & Butterfly Clinic from 9a - 11a.
 - Swimmers will need their own pair of competitive swimming goggles, competitive swimwear, a towel, and over-night items. 5-years-old and older only, please.
- **May 29th - August 14th - Kids' Camp Wednesdays**

Every Wednesday from June until the start of school, we will be hosting our QCC Kids' Camp. Kids' Camp is a wonderful way to give your child great memories and new friends here at the Club. Includes lunch, afternoon snack, arts and crafts, and great memories!
Kids' Camp is from 9a until 3p (5 & up, please).

- June 3rd - First Week of Water Exercise Classes
- **June 6th:**
 - **First day of Swim Team Practice**
 - **First day of Swim Camp & TOTs**
 - **Stingray Summer Season Start-Off Scrimmage**
Come out and cheer on QCC's very own Stingray Junior Swim Team for our first Stingray Scrimmage!
Warm-ups are at 5:00p, the meet is at 6:00p!
Swim Team Lock-In to follow!
- **June 9th, July 14th, & August 4th – Bring-A-Guest Days**
Members can bring a guest on these days without a guest fee!
- **June 10th – Home Meet vs Sheridan**
5p w/u; 6p start (Team Lock-In after)
- **June 14th : Summer Oyster & Dogs II**
- **June 14th & August 2nd: Flick-n-Float & Lock-Ins**
Enjoy a late-night movie at the pool! Starts at dark and great fun!
Popcorn is provided, and the Cabana is open to provide ice cream and other snacks.
Lock-Ins are another great tradition here at QCC! Dinner is provided as well as snacks, ice cream, soda, and breakfast. Drop of is at 6 p, pick-up is at 8a the next morning.
- **June 17th – QCC Parent-Swimmer Home Meet**
5p w/u; 6p start
Parents compete in this meet – Relay teams will be made up of swimmers and parents!
- **June 23rd, July 28th, & August 18th: Grandparents' Day**
Grandparents can bring their grandchildren to the pool without a guest fee!
- June 24th – Home Meet vs Jacksonville YMCA
5p w/u; 6p start

QCC Summer Season Experience

QCC Summer Season Experience

- July 1st – Home Meet vs Pittsfield
5p w/u; 6p start
- **July 3rd – Independence Family Night**
 - Bounce House Boulevard: 3p – Dusk
 - Fireworks: After Dusk
- **July 4th – Independence Day Poolside Holiday Event**
 - Bounce House Boulevard: 10a – 3p
 - Pool Games: 1p
- July 8th – Home Meet vs Hamilton & Quincy YMCA
5p w/u; 6p start
- **July 12th - Family Camp Night**
- July 15th – Home Meet vs Adair & Twin Pike YMCA
5p w/u; 6p start (Team Lock-In after)
- July 22nd – Mid-Season Scrimmage
5p w/u; 6p start
- **July 17th – 20th - Kids' Camp Week**
Kids' Camp Week runs four (4) days from 9a – 3p. We will have extra activities planned in addition to the normal lunch, snack, and other activities.
See Kids' Camp Flyer or Meg for details.
- July 29th – Home Meet vs Memphis:
5p w/u; 6p start

QCC Summer Season Experience

- **August 1st – Stingray Season Finale Scrimmage**
Come out and cheer on QCC's very own Stingray Junior Swim Team for our last Stingray Scrimmage! Warm-ups are at 5p, the meet is at 6p! Swim Team Lock-In to Follow
- **August 11th – Sports Banquet at 5p**
- **September 2nd – Labor Day Poolside Holiday Event**
 - Bounce House Boulevard: 10a – 3p
 - Pool Games: 1p
- **September 3rd – 6th – Pool Closed**
- **September 8th – Pool Drain Party at 3p**

